

# PLAN DESIGN AND BENEFITS - AK Bronze PPO Matsu 6850 70/50 (2022)

**AK Group Business 1-50 Employees** 

PLAN FEATURES	NETWORK CARE	OUT-OF-NETWORK CARE
Primary Care Physician Selection	Not applicable	Not applicable
Deductible (per calendar year)	\$6,850 Individual \$13,700 Family	\$6,850 Individual \$13,700 Family
Unless otherwise indicated, the deductible must be met	<u> </u>	
Claims from in-network and out-of-network providers do	•	uctible
As indicated in the plan, member cost sharing for certain		
No one family member may contribute more than the in-		
Member Coinsurance (applies to all expenses unless otherwise stated)	30%	50%
Payment Limit (per calendar year, includes deductible)	\$8,400 Individual \$16,800 Family	Unlimited Individual Unlimited Family
Claims from in-network and out-of-network providers do	· · · · ·	<u> </u>
Only those out-of-pocket expenses resulting from the appenalty amounts) may be used to satisfy the Payment L	pplication of coinsurance percentage	
No one family member may contribute more than the in-	dividual out-of-pocket maximum amo	ount to the family out-of-pocket
Payment for Out-of-Network Care*	Not applicable	Professional: Fair Health 80% Facility: Billed Charges
Certification Requirements		
Certification for certain types of non-preferred care must Certification for hospital admissions, treatment facility a hospice care is required. If the necessary certification is occurrence	dmissions, skilled nursing facility adn	nissions, home health care, and
Referral Requirement	Not applicable	Not applicable
PHYSICIAN SERVICES	NETWORK CARE	OUT-OF-NETWORK CARE
Office Visits to Non-Specialist	\$70 copay deductible waived	50% after deductible
Includes services of an internist, general physician, fam injury.	illy practitioner or pediatrician for diag	gnosis and treatment of an illness or
Specialist Office Visits	\$130 copay deductible waived	50% after deductible
Walk-in Clinics	\$70 copay deductible waived	50% after deductible
Walk-in clinics are freestanding health care facilities tha other retail store; and (b) provide limited medical care a emergency rooms, the outpatient department of a hospi to be walk-in clinics.	ind services on a scheduled or unsch	eduled basis. Urgent care centers,
Maternity - Delivery and Post-Partum Care	30% after deductible	50% after deductible
Your cost sharing applies to all covered benefits incurre	ed during your inpatient stay.	
Allergy Testing	Member cost sharing is based on the type of service performed and the place rendered.	50% after deductible
Allergy Injections	30% after deductible	50% after deductible
PREVENTIVE CARE	NETWORK CARE	OUT-OF-NETWORK CARE
Preventive care services are covered in accordance wit		
Routine Adult Physical Exams and Immunizations Coverage is limited to 1 exam every 12 months.	Covered in full	50% after deductible
Routine Well Child Exams and Immunizations Coverage is limited 7 exams in the first 12 months of life; 3 exams in the second 12 months of life; 3 exams in the third 12 months of life; 1 exam every 12 months thereafter to age 22.	Covered in full	50% after deductible
Routine Gynecological Exams Includes Pap smear, HPV screening and related lab fees. Coverage is limited to 1 exam every 12 months.	Covered in full	50% after deductible

Routine Mammograms For covered females age 40 and over. Frequency schedule applies.	Covered in full	50% after deductible
Women's Health Includes: Screening for gestational diabetes; HPV (Human Papillomavirus) DNA testing, counseling for sexually transmitted infections; counseling and screening for human immunodeficiency virus; screening and counseling for interpersonal and domestic violence; breastfeeding support, supplies and counseling; Limitations may apply.	Covered in full	Member cost sharing is based on the type of service performed and the place of service where it is rendered.
Prenatal Maternity	Covered in full	50% after deductible
Routine Digital Rectal Exam / Prostate-Specific Antigen Test Recommended: For covered males age 40 and over. Frequency schedule applies.	Covered in full	50% after deductible
Colorectal Cancer Screening Recommended: For all members age 45 and over. Frequency schedule applies.	Covered in full	50% after deductible
Routine Eye and Hearing Screenings	Paid as part of routine physical exam.	Paid as part of routine physical exam.
HEARING SERVICES	NETWORK CARE	OUT-OF-NETWORK CARE
Hearing Exam (by Specialist) Coverage is limited to 1 exam every 24 months.	Covered in full	50% after deductible
Hearing Aid Coverage is limited to 1 every 36 months up to a \$3,000 maximum.	20% deductible waived	50% deductible waived
VISION SERVICES	NETWORK CARE	OUT-OF-NETWORK CARE
Adult Routine Eye Exams (Refraction) Coverage is limited to 1 exam per calendar year.	10% deductible waived	50% after deductible
Pediatric Routine Eye Exams (Refraction) Coverage is limited to 1 exam per calendar year age 0- 19.	10% deductible waived	50% after deductible
Adult Vision Hardware Coverage for vision supplies (eyeglass frames, prescription and contact lenses) is limited to \$350 per year.	Covered in full	50% deductible waived
Pediatric Vision Hardware Coverage is limited to 1 set of frames and 1 set of contact lenses or eyeglass lenses per calendar year age 0-19.	Covered in full	50% deductible waived
DIAGNOSTIC PROCEDURES	NETWORK CARE	OUT-OF-NETWORK CARE
Outpatient Diagnostic Laboratory	30% after deductible	50% after deductible
Outpatient Diagnostic X-ray (except for Complex Imaging Services)	30% after deductible	50% after deductible
Outpatient Diagnostic X-ray for Complex Imaging Services	30% after deductible	80% after deductible
Including, but not limited to, MRI, MRA, PET and CT scans. Precertification required.		
Outpatient Diagnostic Laboratory Performed in a PCP Office Visit	30% after deductible	50% after deductible
Outpatient Diagnostic X-ray Performed in a PCP Office Visit (except for Complex Imaging Services)	30% after deductible	50% after deductible

Outpatient Diagnostic X-ray for Complex Imaging	30% after deductible	50% after deductible
Services Performed in a PCP Office Visit Including, but not limited to, MRI, MRA, PET and CT scans. Precertification required.	ooyo anor acadonsio	oo /o anor adadonsio
Outpatient Diagnostic Laboratory Performed in a Specialist Offic Visit	30% after deductible	50% after deductible
Outpatient Diagnostic X-ray Performed in a Specialist Offic Visit (except for Complex Imaging Services)	30% after deductible	50% after deductible
Outpatient Diagnostic X-ray for Complex Imaging Services Performed in a Specialist Offic Visit Including, but not limited to, MRI, MRA, PET and CT scans. Precertification required.	30% after deductible	50% after deductible
EMERGENCY MEDICAL CARE	NETWORK CARE	OUT-OF-NETWORK CARE
Urgent Care Provider	\$130 copay deductible waived	50% after deductible
Non-Urgent Use of Urgent Care Provider	\$130 copay deductible waived	50% after deductible
Emergency Room Copay waived if admitted.	\$600 copayment after deductible, then 30%	Paid as in-network
Non-Emergency Care in an Emergency Room	\$600 copayment after deductible, then 30%	50% after deductible
Emergency Use of Ambulance	30% after deductible	Paid as in-network
Non-Emergency Use of Ambulance	30% after deductible	Paid as in-network
HOSPITAL CARE	NETWORK CARE	OUT-OF-NETWORK CARE
<b>Inpatient Coverage</b> Including maternity (prenatal, delivery and postpartum) and transplants.	30% after deductible	80% after deductible
Outpatient Surgery Provided in an outpatient hospital department or freestanding surgical facility.	30% after deductible	80% after deductible
Colonoscopy (non-preventive)	Member cost sharing is based on the type of service performed and the place rendered.	Member cost sharing is based on the type of service performed and the place rendered.
Transplants Coverage at the in-network cost share is limited to IOE only. Non-IOE par facilities and out-of-network facilities are covered at out-of-network cost sharing.	30% after deductible	80% after deductible
MENTAL HEALTH and SUBSTANCE USE SERVICES	NETWORK CARE	OUT-OF-NETWORK CARE
Inpatient Mental Health & Substance Use Services	30% after deductible	80% after deductible
Outpatient Office Visit Mental Health & Substance Use Services	\$130 copay deductible waived	50% after deductible
Outpatient Other Mental Health & Substance Use Services (e.g,:partial hospitalization programs, intensive outpatient programs)	30% after deductible	50% after deductible
OTHER SERVICES AND PLAN DETAILS	NETWORK CARE	OUT-OF-NETWORK CARE
	30% after deductible	80% after deductible
Skilled Nursing Facility	do /u arter deddelible	
	30% after deductible	50% after deductible

Infusion Therapy Provided in the outpatient hospital department or freestanding facility.	30% after deductible	50% after deductible
Gene-Based, Cellular and Other Innovative Therapies (GCIT) Coverage at the in-network cost share is limited to GCIT designated only. Non GCIT designated par facilities and out-of-network facilities are covered at out-of-network cost sharing.	Member cost sharing is based on the type of service performed and the place rendered.	Member cost sharing is based on the type of service performed and the place rendered.
Hospice Care - Inpatient	30% after deductible	80% after deductible
Hospice Care Outpatient	30% after deductible	50% after deductible
Private Duty Nursing -Outpatient	Not covered	Not covered
Outpatient Short-Term Rehabilitation - Physical Therapy	\$130 copay deductible waived	50% after deductible
Accumulation and Cost Share- Coverage is limited to 45 visits per calendar year PT, OT, ST and MT combined, separate from habilitation and includes all outpatient places of service for PT, OT, ST, and MT.		
Outpatient Short-Term Rehabilitation - Occupational Therapy	\$130 copay deductible waived	50% after deductible
Accumulation and Cost Share- Coverage is limited to 45 visits per calendar year PT, OT, ST and MT combined, separate from habilitation and includes all outpatient places of service for PT, OT, ST, and MT.		
Outpatient Short-Term Rehabilitation - Speech Therapy	\$130 copay deductible waived	50% after deductible
Accumulation and Cost Share- Coverage is limited to 45 visits per calendar year PT, OT, ST and MT combined, separate from habilitation and includes all outpatient places of service for PT, OT, ST, and MT.		
Outpatient Chiropractic	\$130 copay deductible waived	50% after deductible
Accumulation and Cost Share- Coverage is limited to 12 visits per calendar year, separate from habilitation and includes all outpatient places of service for Chiro.		
Habilitative Physical, Occupational and Speech Therapy	30% after deductible	50% after deductible
Autism Behavioral Therapy	\$130 copay deductible waived	50% after deductible
Autism Applied Behavior Analysis	30% after deductible	50% after deductible
Autism Physical, Occupational and Speech Therapy	30% after deductible	50% after deductible
Acupuncture Coverage is limited to 12 visits per calendar year.	30% after deductible	50% after deductible
Durable Medical Equipment	50% after deductible	50% after deductible
Diabetic Supplies not obtainable at a pharmacy	Covered same as any other medical expense.	Covered same as any other medical expense.
Bariatric Surgery	Not covered	Not covered
FAMILY PLANNING	NETWORK CARE	OUT-OF-NETWORK CARE
Infertility Treatment - Diagnostic only	Member cost sharing is based on the type of service performed and	50% after deductible
Covered only for the diagnosis and treatment of the underlying medical condition.	the place rendered.  Not covered	

Advanced Reproductive Technology. Including, but not limited to, GIFT, ZIFT, IVF, ICSI, ovum microsurgery and cryopreserved embryo transfers.	Not covered	Not covered
Vasectomy	Member cost sharing is based on the type of service performed and the place rendered.	50% after deductible
Tubal Ligation	Covered in full	50% after deductible
PEDIATRIC DENTAL SERVICES	NETWORK CARE	OUT-OF-NETWORK CARE
<b>Preventive &amp; Diagnostic</b> (includes exams, cleanings, x-rays, fluoride, sealants) Coverage is limited to 2 exams every 12 months age 0-19.	Covered in full after deductible	30% after deductible
<b>Basic</b> (includes space maintainers, fillings, anesthesia, denture adjustments) Coverage is limited to age 0-19.	30% after deductible	50% after deductible
<b>Major</b> (includes crowns, endodontics, periodontics, oral surgery, dentures, bridges) Coverage is limited to age 0-19.	50% after deductible	50% after deductible
Orthodontia (limited to medically necessary orthodontia) Coverage is limited to age 0-19.	50% after deductible	50% after deductible
PHARMACY DEDUCTIBLE	NETWORK CARE	OUT-OF-NETWORK CARE
Prescription drug calendar year deductible	Per Member: \$600	Per Member: \$600
PHARMACY - PRESCRIPTION DRUG BENEFITS	NETWORK CARE	OUT-OF-NETWORK CARE
Generic Drugs	1.	
	\$25 copay deductible waived	20% deductible waived
	\$62.50 copay deductible waived	20% deductible waived
Preferred Brand Drugs	1.	
Retail	\$70 copayment after deductible	20% after deductible
MailOrder	\$175 copayment after deductible	20% after deductible
Non-Preferred Drugs	1	
Retail Generic	\$110 copayment deductible waived	20% deductible waived
Retail Brand	\$110 copayment after deductible	20% after deductible
MailOrder Generic	\$275 copayment deductible waived	20% deductible waived
MailOrder Brand	\$275 copayment after deductible	20% after deductible
Speciality Drugs		
Preferred Speciality	40% up to \$500 after deductible	20% after deductible
Non-Preferred Speciality	50% up to \$750 after deductible	20% after deductible
Pharmacy Day Supply and Requirements		
Retail: Up to a 90 day supply For a 30 day supply you will be responsible for the Reta For a 31-90 day supply you will be responsible for the N Mail Order:	Mail Order Drug copay.	
A 31-90 day supply from CVS Caremark Mail Service P	harmacyTM at the Mail Order Drug co	opav.

A 31-90 day supply from CVS Caremark Mail Service PharmacyTM at the Mail Order Drug copay.

Specialty: Up to a 30 day supply

Full Choose Generics - If the member or the physician requests brand when generic is available, the member pays the applicable cost-sharing plus the cost difference between the generic and brand.

**Precertification -** Included. See formulary for details.

**Step Therapy -** Included. See formulary for details.

## **Pharmacy Plan includes:**

Diabetic supplies obtainable from a pharmacy (Including: needles, syringes, test strips, lancets and alcohol swabs - available at retail or mail order).

### Performance Enhancing Drugs - Not Covered

Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.

Preventive and seasonal vaccinations covered 100% in-network.

#### In-Network and Out-of-Network Providers

\*We cover the cost of services based on whether doctors are "in-network" or "out-of-network". We want to help you understand how much Aetna pays for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a provider who is out-of-network, your Aetna health plan may pay some of that provider 's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.

Your doctor sets his or her own rate to charge you. It may be higher - sometimes much higher - than what your Aetna plan "recognizes". Your non-network doctor may bill you for the dollar amount that Aetna doesn't "recognize". You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums.

To learn more about how we pay out-of-network benefits visit **www.aetna.com**. Type "how Aetna pays" in the search box.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to **www.aetna.com** and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Aetna member site.

This applies when you choose to get care out-of-network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in the network. You pay cost sharing and deductibles for your in-network level of benefits. Contact Aetna if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

### **What's Not Covered**

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design purchased.

- · All medical or hospital services not specifically covered in or which are limited or excluded in the plan documents
- Charges related to any eye surgery mainly to correct refractive errors
- · Cosmetic surgery, including breast reduction
- · Custodial care
- Adult dental care and x-rays
- Donor egg retrieval
- · Experimental and investigational procedures
- · Immunizations for travel or work
- Infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents
- Non-medically necessary services or supplies
- Orthotics except as specified in the plan
- Over-the-counter medications and supplies
- · Reversal of sterilization
- Services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, counseling and prescription drugs
- Special duty nursing
- · Weight reduction programs, or dietary supplements

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. Aetna does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents (i.e. Group Insurance Certificate and/or Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitation relating to the plan. CVS Caremark® Mail Service Pharmacy and Aetna are part of the CVS Health family of companies. Preferred providers and vendors are independent contractors in private practice and are neither employees nor agents of Aetna or its affiliates. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change without notice.

If your plan covers outpatient prescription drugs, your plan includes a drug formulary (preferred drug list). A formulary is a list of prescription drugs generally covered under your prescription drug benefits plan on a preferred basis subject to applicable limitations and conditions. Your pharmacy benefit is generally limited to the drugs listed on the formulary. The medications listed on the formulary are subject to change in accordance with applicable state law. For information regarding how medications are reviewed and selected for the formulary, formulary information, and information about other pharmacy programs such as precertification and step therapy, please refer to our website at **www.aetna.com**, or the Aetna Medication Formulary Guide. Members should consult with their treating physicians regarding questions about specific medications. Refer to your plan documents or contact Member Services for information regarding the terms and limitations of coverage.

While this information is believed to be accurate as of the print date, it is subject to change.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Plans are provided by Aetna Health Inc.

For more information about Aetna plans, refer to www.aetna.com.

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